



ANESTHESIA INSTRUCTIONS for CHILDREN

Your child has been scheduled to receive dental treatment under Sedation or Anesthesia. The medications that will be administered to your child will allow him/her to undergo their needed dental care in safe and comfortable manner. The following instructions must be followed. **FAILURE** to follow these instructions could put your child at unnecessary risk and result in cancellation of the appointment.

1) Eating and Drinking-

Morning Appointment- **NO** solid food by mouth after midnight. **CLEAR** liquids (water, apple juice) may be consumed up to 2 hours prior to the appointment. **NO MILK** or other dairy drinks may be consumed! Breast feeding should be stopped 4 hours prior to appointment.

Afternoon Appointment- a **LIGHT MEAL** may be eaten up to 8 hours prior to the appointment. **CLEAR** liquids (water, apple juice) may also be consumed up to 2 hours prior to the appointment. **NO MILK** or other dairy drinks may be consumed! Breast feeding should be stopped 4 hours prior to appointment.

****IF** your child has a feeding tube, please follow the same instructions. If you have questions, please contact our office

2) Clothing-

Please have your child in comfortable, loose fitting clothes

Please **AVOID** excessive jewelry as it can interfere with the procedure

Consider putting either a diaper or pull-up on your child prior the appointment; attempt to have your child use the restroom before the appointment as well

3) Medications-

Take all regular medication as prescribed with a small sip of water

IF any medications require being taken with food, please inform our office

IF your child has **ASTHMA** or other breathing problems, please inform our office to discuss our pre-treatment regimen as it applies to your child

IF your child has **DIABETES** and is **INSULIN** dependant, please inform our office to discuss our pre-treatment regimen as it applies to your child

4) Sickness-

Please contact our office as soon as possible to report any changes in general health- persistent fever, productive cough, illness, etc.

5) Escort-

You are requested to arrange for two adults to be with your child for discharge

NO other children should be brought to the appointment

NO ONE is allowed to remain in the treatment area after your child has responded to the administration of the medications.

At least **ONE** adult/parent must remain at the office during the procedure

6) Extras-

Bring a pillow and blanket for the ride home

Do not change your child's daily routine prior to the appointment- Please **DO NOT** have them stay up late the night before the appointment or have them eat too late

Please make arrangements to have appropriate supervision after the appointment

If you have any questions or concerns about these instructions, please contact our office.